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Senator Rick Jones P.O. Box 30036 Lansing, MI 48909-7536

Regarding: Senate Bill 674

**Dear Senator Jones:** 

On behalf of the Washtenaw County Public Health Department, I would like to submit the following for public testimony regarding Senate Bill 674 introduced on November 12, 2013:

Breastfeeding is recognized as the most nutritious way to feed infants and has many health benefits. There is strong evidence that early infant feeding practices can affect a child's long-term growth and development. Breastfed infants gain the following advantages in life:

- Protection from infection and illness;
- · Lower rates of asthma and obesity;
- and lower rates of Sudden Infant Death Syndrome (SIDS).

Michigan currently ranks in the bottom 25% of all states (37<sup>th</sup> out of 50) in breastfeeding initiation rates, and Michigan did not meet the Healthy People 2010 objectives for breastfeeding. The American Academy of Pediatrics recommends exclusive breastfeeding for the first six months of life. In Michigan's WIC program, of mothers who start breastfeeding, only 17% are breastfeeding at six months. The Healthy People 2020 target for breastfeeding at six months is 61%.

Breastfeeding is the economical choice for families and governments. Families can save \$1,200-\$1,500 on formula in the first year of life by choosing to breastfeed. Nationally, if 90% of new mothers in the U.S. breastfed exclusively for six months the U.S. would save \$13 billion per year in medical and other expenses. In addition, more than 900 infant deaths would be prevented each year. (Source: Pediatrics, 2010).

Senate Bill 674 would protect the right for mothers to breastfeed in Michigan. Michigan is one of only five states that <u>does not</u> have a law specifically allowing women to breastfeed in any public or private location; forty-five states, the District of Columbia, and the US Virgin Islands have such laws.

We appreciate your attention to this bill at the December 10, 2013 public hearing.

Sincerely,

Richard M. Fleece Health Officer

Washtenaw County Public Health

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